

Medications to Stop Prior to Surgery for Surgical Patients

PLEASE NOTE: If medications are not stopped on time, you may be at risk for your surgery to be cancelled. If you have any questions or need clarifications, please call us at 515.875.8000.

Medications	When to Stop
<p>Anticoagulants/Antiplatelets - usually taken to keep blood from clotting:</p> <p>Apixaban, Aggrenox, Clopidogrel, Coumadin, Dabigatran, Dipyridamole, Eliquis, Jantoven, Plavix, Pradaxa, Ticlid, Ticlodipine, Warfarin, Xarelto, etc.</p>	<p>Stop as instructed by prescribing physician, either cardiologist or primary care. If not told to stop, call surgeon's office for directions.</p> <p>Alphabetical order with stop dates - *these are general guidelines. If your doctor told you specific dates, you should follow their instructions.*</p> <ul style="list-style-type: none"> • Aggrastat/Tirofiban - 4-8 hrs before surgery • Apixaban/Eliquis -3 days before surgery • Aspirin Dipyridamole/Aggrenox - 7 days before surgery • Cilostazol/ Pletal - 2 days before surgery • Clopidogrel/ Plavix - 7 days before surgery • Coumadin/Warfarin/Jantoven - 5 days before surgery • Dabigatran/Pradaxa - 5 days before surgery • Dalteparin/Fragmin - 12-24 hrs before surgery • Dipyridamole/Persantine - 1 day before surgery • Edoxaban/Savaysa - 3 days before surgery • Effient/Prasugrel - 7 days before surgery • Elmiron/Pentosan - 5 days before surgery • Enoxaparin/Lovenox - 12-24 hrs before surgery - check with surgeon's office if unsure • Eptifibatide/Integrilin - 4-8 hrs before surgery • Fondaparinux/Arixtra - 2-3 days before surgery • Pentoxifylline/Trental - 5 days before surgery • Rivaroxaban/Xarelto - 3 days before surgery • Ticagrelor/ Brilinta - 7 days before surgery • Ticlodipine/Ticlid - 10 days before surgery

Medications	When to Stop
<p>Tumor Necrosis Factor blocker (TNF blockers/ inhibitors)- usually taken for Crohn’s Disease, Ulcerative Colitis, Rheumatoid Arthritis, Spondylitis, Psoriatic Arthritis & Plaque Psoriasis:</p> <p>Adalimumab, Enbrel, Etanercept, Humira, etc.</p>	<p>Stop 14 days before surgery- if not instructed to stop by surgeon, ask surgeon’s office</p>
<p>Selective Estrogen Receptor Modulators (SERMs) - usually used for Breast Cancer, Osteoporosis:</p> <p>Evista, Nolvadex, Raloxifene, Tamoxifen, Soltamox</p>	<p>Stop 14 days before surgery for Nolvadex, Soltamox or Tamoxifen; Stop 3 days prior to surgery for Evista or Raloxifene - if not instructed wby surgeon, ask surgeon’s office</p>
<p>Diet medications containing Phentermine:</p> <p>Adipex-P, Belviq, Bontril, Fastin, Lomaira, Phentermine, Phentermine/Topiramate, Qsymia, contrave, Suprenza, etc.</p>	<p>Stop 7 days before surgery</p>
<p>Glucagon-like Peptide 1 Receptor Agonists (GLP-1s) (WHEN TAKEN ONCE WEEKLY)- usually taken for Diabetes/weight loss:</p> <p>Adlyxin, Albiglutide, Bydureon/BCise, Byetta, Dulaglutide, Exenatide ER weekly dosing, Liraglutide weekly dosing, Lixisenatide, Mounjaro, Ozempic, Pramlintide, Rybelsus, Saxenda, Semaglutide ER weekly dosing, Symlin, Tanzeum, Tirzepatide, Trulicity, Wegovy, etc.</p>	<p>Stop 7 days before surgery</p>
<p>Antineoplastics- usually used for Cancer:</p> <p>Hydroxyurea</p>	<p>Stop 5 days before surgery - if not instructed to stop by surgeon, ask surgeon’s office</p>
<p>Sodium Glucose Co-transporter-2 Inhibitors (SGLT2is)- usually taken for Diabetes:</p> <p>Bexagliflozin, Brenzavvy, Canagliflozin, Dapagliflozin, Empagliflozin, Ertugliflozin , Farxiga, Invokana, Jardiance, Steglatro, etc.</p>	<p>Stop 3 days before surgery for all except Ertugliflozin or Steglatro which should be stopped 4 days before surgery</p>
<p>Phosphodiesterase Inhibitors- usually taken for Erectile Dysfunction:</p> <p>Avanafil, Cialis, Levitra, Sildenafil, Stendra, Tadalafil, Vardenafil, Viagra, etc.</p>	<p>Stop 3 days before surgery</p>
<p>Janus Kinase Inhibitor (JAK inhibitors)- usually taken for Rheumatoid Arthritis, Psoriatic Arthritis, Juvenile Arthritis, Spondyloarthritis, Ulcerative Colitis, Dermatitis & Alopecia:</p> <p>Baricitinib, Olumiant, Rinvoq, Tofacitinib, Upadactinib, Xeljanz, etc.</p>	<p>Stop 3 days before surgery - if not instructed to stop by surgeon, ask surgeon’s office</p>
<p>Diet medication not containing Phentermine:</p> <p>Contrave, Diethylpropion, Naltrexone/Bupropion, Tenuate, etc.</p>	<p>Stop 3 days before surgery except for Diethylpropion or Tenuate which should be stopped 2 days before surgery</p>

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<p>Opioid antagonists- usually taken for opioid abuse/alcohol abuse history:</p> <p>Depade, Naloxone, Naltrexone, Narcan, ReVia, Vivitrol, etc.</p>	<p>Stop 3 days before surgery</p>
<p>Incretin memetic – usually taken to lower blood sugar:</p> <p>Lixisenatide/Insulin Glargine, Soliqua, etc.</p>	<p>Stop 24 hours before surgery</p>
<p>Glucagon-like Peptide Agonists (WHEN TAKEN DAILY OR TWICE DAILY)- usually taken for Diabetes/weight loss:</p> <p>Byetta, Exenatide IR twice daily dosing, Liraglutide daily dosing, Rybelsus, Saxenda, Semaglutide IR daily dosing, Victoza, etc.</p>	<p>Stop 24 hours before surgery</p>
<p>Selective Serotonin Receptor Agonists (SSRA)- usually taken for migraines:</p> <p>Almotriptan, Amerge, Axert, Eletriptan, Frova, Frovatriptan, Imitrex, Maxalt, Naratriptan, Relpax, Rizatriptan, Sumatriptan, Zolmitriptan, Zomig, etc.</p>	<p>Stop 24 hours before surgery</p>
<p>Cholinesterase Inhibitors- usually used for Alzheimer’s Disease or Dementia:</p> <p>Exelon, Rivastigmine, etc.</p>	<p>Stop 24 hours before surgery</p>
<p>Marijuana- recreational, oils, gummies, chewable, etc</p>	<p>Stop 24 hours before surgery</p>
<p>Insulins</p>	<p>Do NOT take sliding scale insulin or quick-acting Insulin the day of surgery</p>
<p>Long-Acting Insulin or Insulin Pump</p>	<p>Check with your doctor that prescribes the Insulin regarding the dosage the day/night before surgery</p>
<p>Non-steroidal Anti-inflammatory drugs (NSAIDS) - usually taken for pain/swelling and vitamins/ herbs/supplements:</p> <p>Advil, Aleve, Aspirin 81, Aspirin, Celebrex, Celecoxib, Diclofenac, Diflunisal, Ecotrin, Etodolac, Ibuprofen, Ketorolac, Meloxicam, Mobic, Motrin, Nabumetone, Naprosyn, Naproxen, Toradol, Voltaren, etc.</p>	<p>Stop as instructed by surgeon</p>

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