

Behavioral Health Specialists Resource List

Ames and Des Moines Therapy and Consulting

2501 Westown Parkway, Suite 1201
West Des Moines, IA 50266
515.635.0213
<http://amestherapy.com>
Medicare not accepted

Broadlawns Medical Outpatient Mental Health*

1801 Hickman Road
Des Moines, IA 50314
515.282.5695
<https://www.broadlawns.org>
Medicare and Medicaid accepted.

Behavioral Medicine Center*

2940 Ingersoll Avenue
Des Moines, IA 50312
515.244.1414
Medicaid accepted.

Center for Behavioral Health

*Medication Assisted Opiate
Treatment Facility / Focus on Opioid
Use Disorder and Substance Abuse
Disorder*
1200 University Avenue, Suite 106
Des Moines, IA 50314
515.244.9500
<http://centerforbehavioralhealth.com>
Medicare and Medicaid accepted.

Central Iowa Psychological Services*

3737 Woodland Avenue, Suite 415
West Des Moines, IA 50266
515.222.1999
<https://www.iowacounseling.com>
Medicaid accepted.

The Changing Point Counseling Center

3106 Ingersoll Avenue
Des Moines, IA 50311
515.255.4211
<https://www.changingpoint.org>
Medicare accepted.

Clive Behavioral Health*

1450 NW 114th Street
Clive, IA 50325 844.680.0504
<https://clivebehavioral.com>
Medicare accepted

Compass Clinical*

22500 82nd Place
Urbandale, IA 50322
515.412.5112
www.compassclinicalassociates.com
Pediatric behavioral health services
offered.
*Medicare and Medicaid accepted by
one provider.*

Counseling for Growth and Change*

1248 8th Street, Suite 201
West Des Moines, IA 50265
515.243.1020
<http://counselingforgrowthandchange.com>
Pediatric behavior health
services offered.
Medicare accepted.

Covert Action Treatment Facility Medication Assisted Opiate Treatment Facility

1223 Center Street, Suite 22
Des Moines, IA 50309
515.218.6125
<https://mycovertaction.com>
Medicaid accepted.

Des Moines Pastoral Counseling Center*

8553 Urbandale Avenue
Urbandale, IA 50322
515.274.4006
<https://www.dmpcc.org>
Medicare and Medicaid accepted.

EMDR & Beyond

3737 Woodland Avenue, Suite 620
West Des Moines, IA 50266
515.225.7124
<https://emdrandbeyond.com>

Eyerly Ball Community Mental Health Services*

945 19th Street
Des Moines, IA 50314
515.241.0982
<https://www.eyerlyball.org>
Medicare and Medicaid accepted.

Family Legacy Counseling – Johnston*

5415 NW 88th Street, Suite 100
Johnston, IA 50131
515.727.1338
<https://www.familylegacycounseling.com>
Pediatric behavioral health services
offered.
Medicare not accepted.

Family Legacy Counseling – Waukee*

275 NE Venture Drive, Suite 5
Waukee, IA 50263
515.727.1338
<http://www.familylegacycounseling.com>
Pediatric behavioral health services
offered.
Medicare not accepted.

Fein Therapy Services – Laurie Fein

412 NW Irvinedale Drive
Ankeny, IA 50023
515.964.1733
Medicare and Medicaid not accepted.

*Pediatric behavioral health services
offered but does indicate that all
providers take Medicaid.

Recommended Counselors

Linden Point Clinical Associates PC

January Kim, ARNP
1441 29th Street
West Des Moines, IA
515.985.2024

Focused Life Clinic

Laura Cunningham, PA-C
1441 29th Street, Suite 211
West Des Moines, IA
515.227.6065

Willow Tree Therapy

Jacy Jensen, LMFT
3900 Ingersoll, Suite 108
Des Moines, IA
515.650.1809

Winter Therapy & Counseling

Abbie Winter, LMFT
1003 Grand Avenue
West Des Moines, IA
515.267.1003

Birchwood Wellness

6950 NE 14th Street, Suite 36
Ankeny, IA
515.289.1515