

Food and Shelter Resources

Food Bank of Iowa

- 515.564.0330
- www.foodbankofiowa.org

WIC (Women, Infants and Children)

- 515.281.6650

SNAP (Supplemental Nutrition Assistance Program)

- 1.855.944.3663

Assistance Programs

- www.iowagov.org

Central Iowa Shelter and Services

- 515.284.5719
- info@centraliowashelter.org
- 1420 Mulberry Street Des Moines, IA 50309

Hope Ministries for Women and Children

- 515.264.0144
- www.hopeiowa.org

Bethel Mission Shelter for Men

- 515.244.5445
- www.hopeiowa.org
- 1310 6th Avenue Des Moines, IA 50314